臺北市北投健康管理醫院
Taipei Beitou Health Management Hospital

精采樂活 PACKAGE-D

TWD 98,774

類別 Type	項目 Item		內容及特點 Detail
磁振造影 Magnetic Resonance Imaging (MRI)	腫瘤磁振造影 Cancer Screening	頭頸部磁振造影 Head & Neck MRI	包含大腦、小腦、腦幹、眼球、鼻腔、鼻竇、中耳、內耳等部位，針對腦部疾病篩檢如顱內腫瘤、中風、腦萎縮、腦室積水等腦部症狀。 Including cerebrum, cerebellum, brain stem, orbit, nasopharynx, ears, thyroid, trachea and lymph node.
		上腹部磁振造影 Upper Abdomen MRI	篩檢肝臟、膽囊、脾臟、胰臟、腎臟等器官是否有囊腫、腫瘤、息肉、肝硬化、肝纖維化、脂肪肝、肝腫瘤等病變。 Including upper abdominal organs, such as liver, gallbladder, bile duct, spleen, pancreas, and kidneys.
		骨盆腔磁振造影 Pelvis MRI	篩檢後腹腔、膀胱、男性攝護腺病變及腫瘤、女性子宮肌瘤、巧克力囊腫、子宮內膜增生、卵巢囊腫、卵巢癌等生殖器官病變。 Including retroperitoneum, pelvis organs, including prostate, urinary bladder for males; uterus, cervix and ovaries for females.
		全脊椎磁振造影 Whole spine MRI	篩檢頸椎、胸椎及腰椎是否有椎間盤突出、骨病變、骨刺、坐骨神經壓迫症及脊椎移轉性腫瘤。 Including cervical, thoracic, lumbosacral spine.
	腦血管磁振造影檢查(施打對比劑) Cerebrovascular MRI Angiography		顱內、頸動脈血管 3D 立體影像及頸動脈超音波檢查，完整呈現兩側內頸動脈與顱內血管是否有狹窄、動脈瘤及動靜脈畸形，可早期發現因腦血管疾病引起的微小梗塞、腦萎縮以及腦瘤和其他腦實質病變等。建議 40 歲以上成年人定期檢查。 Including intra-cranial carotid and vertebral arteries for early detection for stroke, intracranial aneurysm and vascular anomalies.
	乳房磁振造影(女) (施打對比劑) Breast MRI (For Female)		乳房磁振造影無輻射，不須強力擠壓乳房，減少疼痛及恐懼感，可輕鬆完成乳癌篩檢，是篩檢早期乳癌最佳工具。 Dynamic breast MRI and 2D ultrasound, for early detection of breast cancer.
	肝脂肪定量分析磁振造影檢查(男) Fat Quantitation of Liver MRI (For Male)		針對中年以上好發之脂肪肝、脂肪性肝炎等評估肝組織脂肪比例，並作為生活型態調整之指引。 An index for evaluation of fatty liver and non-alcoholic steatotic hepatitis (NASH).
極速低劑量電腦斷層 CT Screening	低劑量肺部電腦斷層檢查 Low-dose Lung CT		不需施打顯影劑，可偵查隱藏在胸椎、心臟前後、肋骨、橫膈膜下方及肝臟前後方的肺部小腫瘤，為偵測早期肺癌最快且精確的最佳工具。 High-speed, low-dose CT for early detection of lung cancer.
	冠狀動脈鈣化指數分析(CAC Score) Coronary Artery Calcium Score		CAC score 被視為是一個反應冠狀動脈粥狀硬化程度的指標，可做為發生冠狀動脈血管疾病風險預測及預後評估，並據此調整後續生活型態，或進一步檢查及治療。 An index for evaluation of atherosclerosis of coronary arteries.

臺北市北投健康管理醫院
Taipei Beitou Health Management Hospital

精采樂活 PACKAGE-D

類別 Type	項目 Item	內容及特點 Detail
彩色杜普勒高解析度超音波檢查 High Resolution Doppler Ultrasonography	頸動脈超音波 Neck Ultrasound	檢查頸動脈有無粥狀硬化斑塊、頸動脈狹窄，以了解中風及腦血管疾病風險。 Can detect blocked or narrowed carotid arteries, which can indicate an increased risk of stroke. Can help a physician determine what kind of treatment is needed to lower the risk of stroke.
	甲狀腺超音波 Thyroid Ultrasound	評估甲狀腺是否腫大、發炎及腫瘤。 Thyroid ultrasound uses sound waves to produce pictures of the thyroid gland within the neck. It does not use ionizing radiation and is commonly used to evaluate lumps or nodules found during a routine physical or other imaging exam.
	乳房超音波(女) Breast Ultrasound (For Female)	檢查女性乳房有無腫塊、纖維囊腫、乳管擴張等異常。 The test is often used to assess the size and shape of breast lumps and determine whether they are potentially tumorous growths or fluid-filled cysts.
	上腹部超音波 Abdomen Ultrasound	肝、膽、腎臟、胰臟、脾臟等腹部器官疾病的檢查(囊腫、膽結石、膽瘜肉、腎結石、血管瘤等) Ultrasound imaging of the abdomen uses sound waves to produce pictures of the structures within the upper abdomen. It is used to help diagnose pain or distention (enlargement) and evaluate the kidneys, liver, gallbladder, bile ducts, pancreas, spleen and abdominal aorta.
	骨盆腔超音波 Pelvis Ultrasound	可了解是否有膀胱結石，男性是否有攝護腺肥大，女性是否有子宮肌瘤、卵巢腫瘤。 Ultrasound imaging of the pelvis uses sound waves to produce pictures of the structures and organs in the lower abdomen and pelvis. These exams are frequently used to evaluate the reproductive and urinary systems.
一般檢查 Physiological examination	身高(Body height)、體重(Body weight)、血壓(Blood pressure)、脈搏(Pulse rate)、呼吸(Breathe)、體溫(Body temperature)、腰圍(Waistline)	評估體格狀況、生命徵象及代謝症候群指標。 Vital signs and index of metabolic syndrome.
血液常規 (CBC/DC)	白血球計數(WBC)、紅血球計數(RBC)、血色素檢查(Hgb)、血球比容值(HCT)、平均紅血球容積(MCV)、平均紅血球血紅素(MCH)、平均紅血球血色蛋白濃度(MCHC)、血小板計數(PLT)、白血球分類計數(DC)	檢測貧血、發炎、白血病、血液凝固功能等。 Complete blood counts can be used to help detect a variety of disorders including infections, anemia, diseases of the immune system, and blood cancers.
糖尿病檢查 Blood Glucose	空腹血糖 (AC)	糖尿病、低血糖症的早期診斷。 Too much or too little glucose in the blood can be a sign of a serious medical condition.
	糖化血色素 (HbA1C)	評估前三個月血糖平均值。 An HbA1c test shows what the average amount of glucose attached to hemoglobin has been over the past three months.
血脂肪 Cardiovascular examination	膽固醇總量(T. Cholesterol)	檢測動脈硬化風險、血脂分析、脂肪代謝異常、潛在性腦心血管病變之危險因子。 If you have too much cholesterol in your blood, it can combine with other substances in the blood to form plaque. Plaque sticks to the walls of your arteries. This buildup of plaque is known as atherosclerosis. It can lead to coronary artery disease, where your coronary arteries become narrow or even blocked.
	三酸甘油脂(TG)	
	高密度脂蛋白(HDL)	
	低密度脂蛋白(LDL)	
	高密度脂蛋白膽固醇比值(TC/HDL)	
腎功能檢查 Kidney Function Tests	尿素氮(BUN)	檢測急慢性腎炎、腎衰竭、尿毒症、高尿酸血症、痛風等。 Kidney function tests are common lab tests used to evaluate how well the kidneys are working.
	肌酸酐(Creatinine)	
	尿酸(Uric Acid)	

臺北市北投健康管理醫院
Taipei Beitou Health Management Hospital

精采樂活 PACKAGE-D

類別 Type	項目 Item	內容及特點 Detail
肝膽功能檢查 Liver and Gallbladder	麩胺酸草醋酸轉氨基酶(SGOT)	檢測肝炎、肝功能異常、脂肪肝、膽道疾病及溶血性疾病。 Liver function tests are blood tests that check to see how well your liver is working. They check for liver damage, and can help diagnose liver diseases such as hepatitis and cirrhosis.
	胺基丙酸轉氨酶(SGPT)	
	總膽紅素(Total Bilirubin)	
	直接膽紅素(D-Bilirubin)	
	丙麩氨轉酶(γ-GT)	
	白蛋白(albumin)	
	鹼性磷酸酶(ALK-P)	
肝炎篩檢 Hepatitis Virus	B 型肝炎表面抗原(HBsAg)	檢測是否有 B 肝帶原 Primarily to screen for and diagnose acute or chronic hepatitis B virus (HBV) infection.
	B 型肝炎表面抗體(Anti-HBs)	檢測是否具 B 型肝炎之抵抗力 The production of antibodies against HBsAg (anti-HBs) confers protective immunity.
	C 型肝炎病毒抗體(Anti-HCV Ab)	檢測是否感染 C 型肝炎 To check your body was exposed to the hepatitis C virus and made antibodies.
甲狀腺功能 Thyroid Function Tests	高敏感度甲狀腺刺激素(HS-TSH)	檢測甲狀腺機能亢進症或甲狀腺機能低下症。 Thyroid function tests are used to check whether your thyroid is working normally.
	游離甲狀腺素(Free T4)	
血液腫瘤標記 Tumor Markers	大腸癌腫瘤標記(CEA)	消化系統腫瘤、肺腺癌初步篩檢 The carcinoembryonic antigen (CEA) test measures the level of CEA in the blood. In adults, an abnormal level of CEA may be a sign of cancer.
	慢性肝病及肝癌標記 α 胎兒蛋白(AFP)	肝腫瘤、生殖腺腫瘤等初步篩檢 High levels of AFP can be a sign of liver cancer or cancer of the ovaries or testicles, as well as noncancerous liver diseases such as cirrhosis and hepatitis.
	攝護腺癌特異抗原(PSA) (男性)	攝護腺腫瘤初步篩檢 The PSA test is a blood test used primarily to screen for prostate cancer.
	卵巢癌標記(CA125) (女性)	卵巢及其他婦女生殖器腫瘤初步篩檢 Screen women who are at high risk for ovarian cancer.
	胰臟癌腫瘤標記(CA19-9)	胰臟癌初步篩檢 The CA19-9 test is a blood test used primarily to screen for pancreatic cancer, cirrhosis and gallstones.
健康餐飲 Healthy meals	營養師及飯店主廚健康餐 Meals made by Dietitian and Chef	提供北投老爺酒店主廚與北投健康管理醫院營養師共同調配之高級新鮮健康餐飲。 The hotel Chef and the dietitian will provision the fresh and healthy meals.
營養衛教 Nutrition Guide	專業營養師現場諮詢與衛教 Nutrition Consult and Guide	營養師根據初步檢查結果提供專業營養諮詢，以生活化的方式進行飲食及生活習慣引導，預防疾病產生並改善生活品質。 The dietitian will provide clients with nutrition consult and guide.
報告解說 Commentary	檢後第一時間專業醫師解說檢查報告 Findings commentary	放射科、家醫科、胸腔科、婦產科、胃腸科等專科醫師討論後匯整報告，一對一當日即時解說。 The medical report is integrated the specialist opinion of radiologist, family physician, thoracic physician, obstetrician and gastroenterologist. In the end of health check, we will provide clients with one to one doctor's visit.

臺北市北投健康管理醫院
Taipei Beitou Health Management Hospital

精采樂活 PACKAGE-D

類別 Type	項目 Item	內容及特點 Detail
轉介服務 **Referral service**	醫療轉介 Medical referral	醫療問題專科轉診轉介服務。 We will refer clients in need to the specialist of medical center.
醫療意見 **Medical advice**	第二醫療意見 Second medical opinion	第二醫療意見諮詢服務。 The second medical opinion service is available.
停車服務 **Park for Free**	臺北國際醫旅大樓 B1~B3 停車場 Taipei Wellness Clinic and Resort Car Park	以專業停車場管理提供健檢貴賓免費停車服務。 We provide clients with free parking service at Taipei Wellness Clinic and Resort Car Park