

taiwan_Enchanting Taiwan 7Days Deluxe Tour (2025-2026)

第一天 抵達台灣 - 接機送酒店

期待中抵達桃園國際機場 (TPE)，將由專業接機人員接送至您的五星級飯店（今日無導遊陪同）。您可以自由安排行程探親訪友，或參加北台灣各式自由行。

(免費接機時間：08:00-22:00)

住宿 飯店：台北晶華酒店、台北遠東香格里拉酒店、台北萬豪酒店(五星級)

Day 1 Taoyuan International Airport (TPE)-Hotel

Free Airport Pick-Up Time: 08:00–22:00

Upon arrival at Taoyuan International Airport (TPE), you will be met and transferred to your hotel by private car (NO guide). The remainder of the day will be

Hotel: Regent Taipei or Shangri La Far Eastern Hotel Taipei , Marriott Taipei

第二天 台北 – 日月潭(早餐)

在台灣環島之旅的第一個早晨，您將從台北市中心出發，前往位於島嶼中心的日月潭國家風景區。

日月潭是台灣最大的淡水湖，由拉魯島將湖面分為兩部分。湖的東側形似太陽，西側則如彎月，這也成為日月潭名稱的由來。這片如詩如畫的美景，也是邵族原住民的故鄉之一，邵族是台灣的原住民族群之一。憑藉其豐富的原住民文化與自然美景，日月潭成為台灣的頂級旅遊勝地之一。

午餐後，您的旅程將繼續，搭乘觀光巴士環繞日月潭，遊覽當地最著名的景點。首先，造訪伊達邵部落，這是一個展示邵族文化與生活方式的原住民村落。接著，前往欣賞慈恩塔的雄偉之美，這是日月潭的地標建築之一，由已故蔣中正總統為紀念母親而建。

參觀完慈恩塔後，您將繼續探索日月潭，造訪兩座重要的寺廟。首先是玄奘寺，這是一座幽靜的佛教聖地，專為紀念高僧玄奘大師而建。隨後，來到文武廟，一座宏偉的道教廟宇，內有三殿，分別供奉武聖關公與文昌帝君。在導遊的專業講解下，您將深入了解日月潭的歷史與文化，進一步感受這片土地的深厚底蘊與重要性。

在環島之旅的第一晚，您將入住五星級酒店，享受舒適的住宿環境。住宿地點可選擇位於日月潭的寧靜區域，或是熱鬧的台中市區。

住宿：日月潭雲品酒店(山景房)或台中李方艾美酒店或同等級飯店

Day 2 TAIPEI – SUN MOON LAKE (B / -- / --)

On the first morning of your Taiwan round-the-island tour, you will depart from central Taipei and travel to the heart of the island, Sun Moon Lake National Scenic Area.

Sun Moon Lake, the largest freshwater lake on the island, is divided by Lalu Island. The eastern side of the lake resembles the sun, while the western side resembles the crescent moon, giving the lake its unique name. This picturesque area is also the ancestral home of the Thao people, one of Taiwan's indigenous groups. With its rich indigenous culture and abundant natural beauty, Sun Moon Lake has earned its place as one of Taiwan's premier destinations.

After lunch, your journey continues with a scenic bus tour around Sun Moon Lake, where you'll explore the most renowned attractions in this area. Begin with a visit to Ita Thao, an indigenous village that offers insights into the culture and lifestyle of the Thao people. Then, marvel at the grandeur of Ci'en Pagoda, an iconic Sun Moon Lake landmark constructed by the late President Chiang Kai-shek in memory of his mother.

Following your visit to Ci'en Pagoda, your exploration of Sun Moon Lake continues with stops at two significant temples. First, you'll arrive at Xuanzang Temple, a serene Buddhist sanctuary dedicated to the esteemed monk Xuanzang. Then, your journey takes you to Wenwu Temple, an imposing Taoist temple featuring three halls devoted to the Martial God and the God of Literature. With the expert commentary of your tour guide, you'll gain deeper insights into Sun Moon Lake, enriching your appreciation of the area's history and significance.

For the first night of your Taiwan round-the-island tour, you can enjoy a comfortable stay in a 5-star hotel, either in the serene surroundings of Sun Moon Lake or in the vibrant heart of downtown Taichung.

Hotel: Fleur de Chine Hotel – Mountain View Room (5-star) / Le Méridien Taichung (5-star) / a similar hotel

第三天 日月潭 — 台南 – 高雄(早餐)

展開台灣環島冒險的第二天，享用美味的早餐為一天的探索揭開序幕。隨後搭乘巴士前往台灣最古老的城市——台南，這座城市以豐富的歷史建築和深厚的文化遺產而聞名。

您的冒險將從參觀熱蘭遮城開始，這座堡壘由荷蘭東印度公司在其統治台灣西部的 38 年間建造。原始的熱蘭遮城曾在 19 世紀遭到英軍的毀壞，但隨後由日本人進行了重建。

參觀熱蘭遮城後，您可漫步於安平老街。這條老街位於熱蘭遮城的東側，由荷蘭人在 300 多年前修建，也是台灣首條正式命名的街道。除了豐富的歷史，安平老街還以其地道的小吃而聞名，例如豆花、蝦捲、魚皮料理、牛肉湯等。別錯過品嚐這些地道美味的機會，為您的台南歷史之旅增添一道美食體驗。

午餐後，您將前往浪漫的港都高雄，這是台灣南部人口最多的城市。抵達高雄後，第一站是著名的佛光山寺。這座佛教寺院由星雲大師於 1967 年創建，以其壯觀的佛陀大佛區聞名，其中包括一座高達 36 米的金色阿彌陀佛立像，是東南亞最高的立式佛像，周圍有 480 尊小型佛陀像環繞。在參觀佛光山寺期間，您還將有機會與博學的僧人交流，他們會介紹佛教的教義及其在台灣的發展，這也是台灣最廣泛信仰的宗教。

今晚，您將入住位於高雄市區的五星級酒店，周圍環繞著百貨公司、便利商店和藥妝店，方便您補充接下來旅程所需的用品。

酒店：高雄漢來大飯店（五星級）或同等級酒店

Day 3 SUN MOON LAKE – TAINAN – KAOHSIUNG (B / -- / --)

Kick off the second day of your Taiwan round adventure with a delightful breakfast, setting the tone for another day of exploration. Hop on the bus and make your way to Tainan, the oldest city in

Taiwan, celebrated for its abundance of historic buildings and profound historical heritage.

Your adventure proceeds with a visit to Fort Zeelandia, constructed by the Dutch East India Company during their 38 year administration of western Taiwan. The original fortress faced near destruction by the British army in the 19th century but was subsequently rebuilt by the Japanese.

After exploring Fort Zeelandia, take a leisurely walk along Anping Old Street. Situated on the east side of Fort Zeelandia, this historic street was established by the Dutch over 300 years ago and holds the distinction of being the first officially named street in Taiwan. Besides its fascinating history, Anping Old Street is also known for its local specialties such as tofu pudding, shrimp rolls, fish skin dishes, beef soup, and many more. While you're here, don't miss the chance to savor the city's signature delicacies, adding a delightful culinary experience to your historical journey in Tainan.

After lunch, your next destination is the romantic harbor city of Kaohsiung, the most populous city in Southern Taiwan. Upon arriving in Kaohsiung, your first stop is the renowned Fo Guang Shan Monastery (FGS), a significant Buddhist monastery founded by the Venerable Master Hsing Yun in 1967. The monastery is most famous for its Great Buddha Land, featuring a majestic 36 meter tall golden statue of Buddha Amitabha, which stands as the tallest standing Buddha in Southeast Asia. It is encircled by an impressive array of 480 smaller statues depicting Buddha Amitabha. During your visit to Fo Guang Shan Monastery, you'll have the opportunity to engage with a knowledgeable monk who provides insights into the doctrines and development of Buddhism, which is the most widely practiced religion in Taiwan. Tonight, you'll have a pleasant stay in a conveniently located 5 star hotel, surrounded by department

store, convenience stores, and drugstores. Take advantage of this opportunity to stock up on any additional supplies you may need for the remaining days of your Taiwan round island tour.

Hotel: Grand Hilai Kaohsiung (5-star), Kaohsiung / a similar hotel

第四天 高雄 – 墾丁 – 台東(早餐)

享用豐盛的早餐後，展開您的旅程，前往南部邊界，探訪台灣第一座國家公園——墾丁國家公園。

墾丁國家公園以其沿海地質景觀、壯麗的自然風光以及豐富的海洋生物多樣性而聞名。由於獨特的地殼變動和熱帶氣候，這裡孕育了獨特的自然生態，同時也是衝浪和潛水愛好者的天堂。在環島旅程的第四天，您將造訪多個特色景點：

- **貓鼻頭**：其形狀酷似一隻巨大的蹲伏貓，因此得名。
- **船帆石**：形似船帆的特殊自然岩石，有趣的是，從某些角度看，它甚至像前美國總統尼克森的輪廓。
- **鵝鑾鼻燈塔**：始建於清朝時期，被日本殖民時期列為「台灣八景」之一，是台灣最南端的重要地標。
- **龍磐公園**：這片珊瑚石灰岩高地俯瞰著太平洋，經歷多年雨水侵蝕，形成了獨特的地形景觀。

結束墾丁國家公園的探索後，沿著風景優美的南迴公路前往台東，沿途變幻的景色為旅程增添無限驚喜。

今晚，您將入住位於台東縣知本溫泉區的靜謐溫泉度假村。知本以其碳酸溫泉聞名，這些溫泉有助於促進血液循環並緩解疲勞，是一天探索後完美的放鬆之所。

酒店：知本老爺酒店（五星級）或同等級酒店

Day 4 KAOHSIUNG – KENTING – TAITUNG (B / -- / --)

After a hearty breakfast, set out on your journey as you head south toward the border, where Taiwan's first national park awaits.

Kenting National Park

is celebrated for its coastal geological formations, scenic landscapes, and rich marine biodiversity, fostered by its unique combination of crustal deformation and tropical climate. Additionally, Kenting is also a paradise for surfers and divers alike.

On the 4th day of your Taiwan round island tour, you will make your stops at Maopitou , literally cat's nose, aptly named as it resembles a colossal crouching cat when viewed from afar; Chuanfan Rock ,literally sail rock, another distinctive natural formation that resembles the sail of a ship or a likeness of the former US President Richard Nixon; Eluanpi Lighthouse , a Qing Dynasty era construction that was recognized as one of the Eight Views of Taiwan during the Japanese colonial period; and Longpan Park a coral limestone plateau overlooking the Pacific Ocean, shaped over time by rainfall erosion.

Following your exploration of Kenting National Park, your journey will take you to Taitung via the scenic South Link Highway, allowing you to savor the continually shifting landscapes throughout your drive.

Tonight, you'll enjoy the pleasure of staying in a serene hot spring resort in Zhiben , Taitung County. Zhiben is renowned for its carbonate hot springs, which are known for enhancing blood circulation and alleviating, fatigue, making it the perfect place to rejuvenate after a day of exploration.

Hotel: Royal Chihpen (5-star), Taitung / a similar hotel

第五天 台東 / 東海岸國家風景區 / 花蓮 / 宜蘭 (早 / -- / --)

享受了一夜好眠和一頓美味的早餐後，台灣五日環島之旅繼續沿著東海岸展開。這片被譽為台灣最後一片未受破壞的淨土，無論走到哪裡，其迷人的自然美景都令人嘆為觀止。今日將造訪東海岸最令人印象深刻的幾個景點，包括小野柳、三仙台、石梯坪和蕃薯寮，每個景點皆以其獨特的地質特徵而著稱。

第一站是**小野柳**（正式名稱為「富岡地質公園」）。這片地區以其天然岩石地貌聞名，其形狀與台灣北海岸的野柳地質公園相似，因此得名。在這裡，您可以近距離欣賞這些經過風化與海水侵蝕所形成的奇特地貌。

接下來，前往**三仙台**，這裡包括一座離岸小島和珊瑚礁，並有一座跨海步橋連接島嶼與本島，是東海岸國家風景區的地標之一。

探索完三仙台後，將造訪**石梯坪**。這片地區是一座發育良好的海蝕階地，沿著海岸線的突出地形經過數百萬年的海水侵蝕，形成了海蝕平台、海蝕溝、海蝕崖和壺穴等地貌，堪稱世界級的戶外地質教室。最後，您將從花蓮乘坐舒適的單程火車前往宜蘭，沿途欣賞台灣東部的美麗風光。

今晚，您將入住宜蘭礁溪的五星級溫泉酒店，享受溫泉的療癒與放鬆。

飯店選擇：礁溪晶泉酒店或礁溪老爺酒店（五星級）或同等級酒店

Day 5 TAITUNG / EAST COAST NATIONAL SCENIC AREA / HUALIEN / YILAN (B / -- / --)

After a good night's sleep and a delectable breakfast, your 5th day tour in Taiwan continues as you

journey along the east coast, known as the last unspoiled place of the island. Wherever you go, it never ceases to amaze you with its enchanting natural beauty. You'll visit some of the most impressive scenic spots along the way, including Xiaoyeliu, Sanxiantai, Shitiping, and Fanshuliao, each boasting its own distinctive geological features.

The first stop is Xiaoyehliu (literally "Little Yehliu, or officially "Fugang Geopark"). This area is known for its natural rock formations, resembling those found in Yehliu Geopark on the northern coast of Taiwan, hence the name. Here, you can get up close to these unique landforms, shaped over time by weathering and sea erosion.

Your adventure continues with a visit to Sanxiantai (literally the terrace of the three immortals), which comprises an offshore island and coral reefs, with a cross sea bridge that connects the mainland to the island, serving as a prominent landmark in the East Coast National Scenic Area.

After exploring Sanxiantai, you will make a stop at Shitiping (literally stone steps). This area is a well developed sea erosion terrace, featuring promontories along the coastline that have been eroded by seawater over millions of years. This natural process has created an abrasion platform, sea grooves, sea cliffs, and potholes, making Shitiping a world class outdoor geology classroom.

From Hualien to Yilan, you will experience one way comfortable train ride.

Tonight, you'll stay at a 5-star hot-spring hotel in Jiaoxi.

Hotel: Wellspring by Silks Jiaoxi or Hotel Royal Chiaohsi (5*) / a similar hotel

第六天 宜蘭 / 台北 (早 / -- / --)

享用完飯店早餐後，準備展開五天環島之旅的最後一天行程。今天，導遊將帶您參觀金車噶瑪蘭威士忌酒廠與國立傳統藝術中心。

首先參訪的是**金車噶瑪蘭威士忌酒廠**，這座酒廠以來自中央山脈與雪山山脈的純淨水源釀造出馥郁的風味而聞名於世。在這裡，您可以沉浸在濃郁的威士忌香氣中，品味橡木桶熟成的獨特風味，展開一場令人著迷的酒廠探索之旅。

接著，前往**國立傳統藝術中心**，這是一座廣闊的園區，匯集了各種精緻的傳統台灣建築。在這裡，您可以透過展覽、表演及工作坊深入體驗台灣豐富的文化遺產。無論是布袋戲表演、陶藝製作還是其他傳統手工藝，都能讓每位旅客找到樂趣。

結束充滿回憶的五天環島之旅後，乘坐巴士返回台北市，導遊將把您送至飯店或指定下車地點。

酒店：台北晶華酒店、台北遠東香格里拉酒店、台北萬豪酒店

Day6 YILAN/ TAIPEI (B / -- / --)

After enjoying hotel breakfast, get ready for the last day of your five-day island tour. Today, the guide will take you to visit the King Car Kavalan Whisky Distillery and the National Center for Traditional Arts.

Start the day with visit to "King Car Kavalan Whisky Distillery", known worldwide for its exquisite flavors brewed from the clear water sources of the Central Mountain Range and the Xueshan Mountain Range. Immerse yourself in the rich aroma of whisky and experience the unique flavors nurtured in oak barrels, embarking on a fascinating distillery exploration journey.

Continue to visit "National Center for Traditional Arts", a vast park featuring various exquisite traditional

Taiwanese buildings. Here you can immerse yourselves in Taiwan's rich heritage through exhibitions, performances, and workshops. From puppet shows to pottery making, there's something for everyone. Conclude your unforgettable 5-day round island tour by taking bus back to Taipei City.

You will be dropped off at your hotel or designated drop

Hotel: Regent Taipei or Shangri La Far Eastern Hotel Taipei , Marriott Taipei

第七天 台北市半日遊 (早 / -- / --) 早晨行程

行程第一站將帶您參觀**中正紀念堂**，這座氣勢恢宏的紀念建築是為紀念蔣中正總統而建。隨後，前往**台北圓山大飯店**，進行拍照停留。這座五星級飯店也是台北的歷史地標之一。在前往圓山大飯店的途中，導遊將帶您快速介紹**總統府**，這座建築是台北市的重要象徵與歷史遺跡。

拍照停留後，接著前往**忠烈祠**，這裡的亮點是莊嚴的**衛兵交接儀式**。

最後一站是世界聞名的**國立故宮博物院**，館藏近 70 萬件涵蓋 8,000 年中國藝術與文物的珍貴展品，帶您一覽多朝代的文化精華。

自由活動至飯店退房時間，隨後專車（無導遊）接送至機場，搭乘航班離境。

(請預訂 21:00 後起飛的航班)

Day 7 HALF DAY TAIPEI CITY TOUR (B / -- / --)

Please book flights departing after 21:00.

Morning Tour, Our first stop is Chiang Kai-shek Memorial Hall, an impressive monument in memory of President Chiang Kai-shek. After that, we will depart to the Grand Hotel Taipei and have a photo stop. This 5-star hotel is another historical landmark. On the way to the Grand Hotel, our tour guide will have a quick introduce when we pass by Presidential Office Building, a symbolic landmark and historical site in Taipei City.

After the photo stop, we will depart to Martyrs' Shrine. The highlight of this place is guard changing ceremony.

Our last stop is the world-famous National Palace Museum, which has a collection of nearly 700,000 pieces of ancient Chinese artifacts and artworks throughout 8,000 years of Chinese art over multiple dynasties.

At leisure until check out and you will be transfer red to airport for departure flight by private car (NO tour guide)

https://www.c-holiday.com/taiwantourall/health-exam-cancer_blood-vessel/